

Salmon Arm Classic Triathlon July 29, 2007 Individual Results

Place	No.	Name	City	Prov.	Age	Sex	Swim		Run		Run		Bike		Overall	
							Plc	Time	Plc	Time	Cum	Time	Plc	Time	Cum	Time
1	127	Scott Wood	Tappen	BC	41	M	3	28:42:00	2	44:29:00	1	1:13:11	5	67:34:00	1	2:20:45
2	146	Alex Seal	Salmon Arm	BC	43	M	5	30:47:00	1	44:22:00	3	1:15:09	2	65:44:00	2	2:20:53
3	152	Pascal Sutherland	Kelowna	BC	31	M	1	24:45:00	4	48:47:00	2	1:13:32	8	69:19:00	3	2:22:51
4	159	Ken Pommier	Kelowna	BC	44	M	13	32:49:00	6	50:07:00	5	1:22:56	1	62:10:00	4	2:25:06
5	147	Dietmar Penkert	Salmon Arm	BC	43	M	7	32:09:00	8	51:22:00	6	1:23:31	6	68:46:00	5	2:32:17
6	154	Mike Barber	Salmon Arm	BC	44	M	10	32:37:00	17	53:50:00	12	1:26:27	3	67:05:00	6	2:33:32
7	151	Mark Fromberg	Kelowna	BC	52	M	15	33:00:00	9	51:42:00	7	1:24:42	9	70:09:00	7	2:34:51
8	115	Sanford Schmid	Windermere	BC	47	M	36	38:20:00	3	47:40:00	8	1:26:00	7	69:09:00	8	2:35:09
9	160	Curtis Schrerber	Kelowna	BC	46	M	27	37:00:00	7	51:19:00	17	1:28:19	4	67:11:00	9	2:35:30
10	158	Kathleen Wood	Kelowna	BC	39	F	12	32:43:00	5	49:08:00	4	1:21:51	13	73:55:00	10	2:35:46
11	150	Brian Borgford	Okotoks	AB	56	M	9	32:23:00	20	54:18:00	13	1:26:41	10	70:31:00	11	2:37:12
12	135	Robin Watt	Salmon Arm	BC	32	F	11	32:40:00	16	53:36:00	10	1:26:16	11	72:49:00	12	2:39:05
13	120	Michelle Milot	Calgary	AB	28	F	20	34:21:00	10	51:55:00	11	1:26:16	21	76:29:00	13	2:42:45
14	121	Josh Foster	Big White	BC	37	M	17	33:36:00	22	56:28:00	18	1:30:04	12	73:47:00	14	2:43:51
15	100	Ian Pritchard	Calgary	AB	36	M	24	35:16:00	11	52:15:00	14	1:27:31	24	77:25:00	15	2:44:56
16	110	Laura Hepburn	Salmon Arm	BC	39	F	22	34:29:00	14	53:07:00	15	1:27:36	29	79:06:00	16	2:46:42
17	148	David Wallenstein	Salmon Arm	BC	47	M	19	34:04:00	25	58:13:00	21	1:32:17	17	75:13:00	17	2:47:30
18	129	Sofi Hindmarch	Vancouver	BC	26	F	2	28:15:00	23	57:50:00	9	1:26:05	35	81:56:00	18	2:48:01
19	114	Warren Taylor	Kelowna	BC	42	M	14	32:54:00	35	1:00:30	25	1:33:24	18	75:25:00	19	2:48:49
20	131	Kyle Johnson	Lethbridge	AB	28	M	4	30:42:00	40	1:02:25	24	1:33:07	23	77:13:00	20	2:50:20
21	128	Doug Nicholas	Kelowna	BC	38	M	41	39:36:00	12	52:24:00	20	1:32:00	28	78:36:00	21	2:50:36
22	106	Pete Graves	Calgary	AB	39	M	32	38:08:00	24	58:10:00	28	1:36:18	15	74:37:00	22	2:50:55
23	162	Colin Shanks	Calgary	AB	58	M	18	33:52:00	28	58:53:00	23	1:32:45	27	78:18:00	23	2:51:03
24	142	Thom Madlung	Revelstoke	BC	43	M	21	34:25:00	43	1:03:43	29	1:38:08	14	74:21:00	24	2:52:29
25	113	Patrick Gable	Kelowna	BC	43	M	50	43:36:00	13	52:25:00	26	1:36:01	22	76:38:00	25	2:52:39
26	153	Darren Grandoni	Calgary	AB	34	M	35	38:16:00	18	54:04:00	22	1:32:20	32	80:39:00	26	2:52:59
27	144	Victoria Frost	Kelowna	BC	15	F	16	33:24:00	21	54:40:00	16	1:28:04	39	85:44:00	27	2:53:48
28	143	Peter Molnar	Salmon Arm	BC	58	M	31	37:54:00	37	1:01:13	34	1:39:07	16	75:07:00	28	2:54:14
29	138	Bob Madill	Kamloops	BC	46	M	28	37:10:00	30	58:59:00	27	1:36:09	31	80:29:00	29	2:56:38

30	132 Debbie Phillips	Salmon Arm	BC	45 F	38	39:12:00	34	1:00:02	35	1:39:14	26	78:00:00	30	2:57:14
31	134 Janice Helle	Cochrane	AB	51 F	29	37:20:00	39	1:02:08	36	1:39:28	25	77:52:00	31	2:57:20
32	125 Dallas Jones	Tappen	BC	20 M	8	32:12:00	29	58:53:00	19	1:31:05	42	87:18:00	32	2:58:23
33	116 Frank Gigliotti	Vancouver	BC	56 M	40	39:32:00	31	59:03:00	31	1:38:35	33	80:41:00	33	2:59:16
34	157 Brenton Huntington	Enderby	BC	43 M	52	45:24:00	27	58:27:00	43	1:43:51	20	75:45:00	34	2:59:36
35	126 Renate Terpstra	Vernon	BC	41 F	23	35:06:00	42	1:03:35	32	1:38:41	34	81:15:00	35	2:59:56
36	112 Corrine Gable	Kelowna	BC	42 F	49	41:53:00	32	59:07:00	40	1:41:00	30	80:04:00	36	3:01:04
37	102 Stevi Williams	North Vancouver	BC	37 F	30	37:48:00	36	1:01:00	33	1:38:48	37	82:47:00	37	3:01:35
38	119 David Clark	Vancouver	BC	38 M	25	35:54:00	50	1:10:28	46	1:46:22	19	75:26:00	38	3:01:48
39	108 Adam Saab	Salmon Arm	BC	25 M	48	41:25:00	26	58:13:00	37	1:39:38	38	85:05:00	39	3:04:43
40	156 Warren Asuchak	Kamloops	BC	38 M	34	38:14:00	33	59:55:00	30	1:38:09	45	88:04:00	40	3:06:13
41	161 Karen Humes	Kelowna	BC	37 F	26	36:48:00	48	1:08:37	45	1:45:25	36	82:19:00	41	3:07:44
42	137 Tricia Martin	Salmon Arm	BC	47 F	54	48:19:00	19	54:14:00	42	1:42:33	40	85:52:00	42	3:08:25
43	111 Tyler Jackson	Kamloops	BC	30 M	55	48:36:00	15	53:11:00	41	1:41:47	48	88:52:00	43	3:10:39
44	130 Erin Janowsky	Salmon Arm	BC	36 F	33	38:11:00	41	1:02:34	39	1:40:45	51	90:56:00	44	3:11:41
45	140 Cindy Floyd	Revelstoke	BC	37 F	46	41:14:00	46	1:05:58	47	1:47:12	43	87:24:00	45	3:14:36
46	136 Wendy Henly	Kelowna	BC	51 F	43	39:58:00	51	1:10:40	48	1:50:38	41	86:41:00	46	3:17:19
47	118 Daphne Brown	Salmon Arm	BC	39 F	37	38:30:00	38	1:01:24	38	1:39:54	57	99:53:00	47	3:19:47
48	149 Sarah Wallenstein	Salmon Arm	BC	17 F	39	39:30:00	44	1:04:55	44	1:44:25	56	98:06:00	48	3:22:31
49	122 Elan LaMontagne	Calgary	AB	33 F	51	44:25:00	49	1:09:59	51	1:54:24	49	89:20:00	49	3:23:44
50	117 Ralph Zbarsky	Vancouver	BC	59 M	42	39:40:00	54	1:17:07	52	1:56:47	46	88:04:00	50	3:24:51
51	145 Steve Frost	Kelowna	BC	46 M	53	45:27:00	47	1:07:11	49	1:52:38	52	93:19:00	51	3:25:57
52	139 Shelly Stephens	Kelowna	BC	47 F	56	51:47:00	45	1:05:39	53	1:57:26	50	89:22:00	52	3:26:48
53	133 Pamela Langner	Kelowna	BC	34 F	44	40:33:00	56	1:19:12	55	1:59:45	44	88:01:00	53	3:27:46
54	141 Lisa Larson	Revelstoke	BC	39 F	47	41:21:00	52	1:11:31	50	1:52:52	54	95:37:00	54	3:28:29
55	123 Sasha Meads	Burnaby	BC	25 F	45	40:40:00	55	1:18:04	54	1:58:44	55	96:20:00	55	3:35:04
56	155 Margaret Scott	Kelowna	BC	50 F	58	63:15:00	53	1:14:40	56	2:17:55	47	88:44:00	56	3:46:39
57	107 Shirley Pituello	Kelowna	BC	56 F	57	52:44:00	57	1:25:36	57	2:18:20	53	95:11:00	57	3:53:31
58	124 Robert Allaway	Salmon Arm	BC	39 M	6	31:26:00		DNF						